



## **COMMUNITY CHEF PROGRAM 2016**

### **ABOUT JUST FOOD**

Just Food's mission is to empower and support community leaders in their efforts to advocate for and increase access to locally and sustainably grown food, especially in underserved NYC neighborhoods. Just Food provides training and education to community members to help them launch projects like farmers' markets and CSAs, provide education in basic culinary and urban agriculture skills for their neighbors, and advocate to make their corner of New York City a healthier place to live and eat.

### **POSITION DESCRIPTION**

Just Food is looking to expand its team of Community Chefs. Through Just Food's Community Chef training program, you will learn how to facilitate cooking demonstrations and workshops about local, seasonal eating and cooking; basic nutrition; fruit and vegetable identification; recipe selection and creation; knife skills; and food storage and preparation. As a Community Chef, you will inspire and empower New Yorkers to create delicious and healthy meals for themselves and their families.

Community Chefs conduct 2-hour cooking demonstrations at Just Food's network of community-run farmers' markets. Cooking demonstrations are usually conducted one to two times per month from June through November. Community Chefs are compensated with a \$100 stipend per cooking demonstration.

Just Food gives priority to community members nominated by one of our network markets. Non-affiliated individuals will also be considered.

### **ELIGIBLE APPLICANTS:**

- Are great cooks.
- Are able to answer basic nutrition questions.
- Are able to plan seasonal, vegetable-inspired meals and recipes.
- Are concerned about where their food comes from and are excited about promoting local food.
- Are independent, self-sufficient workers.
- Work well with groups.
- Are outgoing with a desire to teach.
- Are able to think on their feet with creative flare.
- Are willing and able to travel on public transportation with cooking equipment in tow.

What is required to become a Just Food Community Chef?

- Complete and return the application by **Wednesday, April 6<sup>th</sup>, 5:00 pm.**
- Acceptance into the training program.

Once accepted, you agree to:

- Attend the two-day Training of Trainers (see dates below).
- Attend the two (2) Cooking Demonstration workshops offered by Just Food (see dates below).
- Use training techniques learned at the Training of Trainers workshops and Cooking Demonstration workshops.
- Attend **one** of three professional development trainings (to be held in August and September).
- Attend the end of season meeting on Thursday, December 8<sup>th</sup>, 6:30-8:30 pm.

### Community Chef Program Trainings

#### 1) Training of Trainers

*This two day workshop will teach you how to plan and conduct interactive cooking demonstrations using popular education training techniques\*, effective facilitation skills, and adult learning principles.*

**Friday, April 29<sup>th</sup> and Saturday, April 30<sup>th</sup>, 10:00 am – 5:00 pm (both days)**

**Location:** Specific location will be announced later.

#### 2) Cooking Demonstration Trainings

*This series will provide you with the knowledge and skills to conduct a cooking demonstration including the importance of local, seasonal food; basic culinary techniques; how to talk about healthy eating; recipe selection and creation; food storage and preparation; and food safety.*

**Friday, May 6<sup>th</sup> and Saturday, May 7<sup>th</sup>, 10:00 am – 5:00 pm (both days)**

**Location:** Specific location will be announced later.

\*Popular education is an educational approach that values and respects people as their own experts, and challenges the notion that the educator or organizer's role is as an expert who works "for" people. It is based on the belief that people themselves have sufficient knowledge and that they can work out the solutions to their own problems. Denise Nadeau, "Counting Our Victories: Popular Education and Organizing: a Training Guide on Popular Education and Organizing," Repeal the Deal Productions, 1996.



Your application should be sent via e-mail to [angela@justfood.org](mailto:angela@justfood.org) or fax to 212-645-9881. You can also mail your application to Angela Davis, Just Food, 114 West 47th Street, Suite C1-35, New York, NY 10036. **Your application MUST be received by Wednesday, April 6<sup>th</sup>, 5:00 pm.**

Personal Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Questions (feel free to use additional pages):

- 1) How did you hear about the Community Chef Program?
  
  
  
  
  
  
  
  
  
  
- 2) Have you been nominated by one of Just Food's network farmers' markets? If so, which one?
  
  
  
  
  
  
  
  
  
  
- 3) What do you hope to learn from our training program?

